Squannacook Rivers Runners Club

5th Annual Hershey Track & Field Clinic

Are you fast? Do you like to race? Do you have a "good arm"?

Can you and your friends form a fast team?

Can you leap tall buildings in a single bound, run faster than a speeding bullet, or throw a ball more than a mile?

Come to this informal and fun track and field clinic designed to familiarize participants with the Hershey Track Meet events.

Events include a softball throw for distance, the broad jump, and four individual running races of different distances. There is also a 4 x 100 relay. Come with your relay team put together, or we will create and put you in one. Last year two teams qualified for the state meet.

The Hershey track program is a national program involving recreation departments that hold local and state track meets, culminating in an invitational, all-expense paid trip and competition in Hershey, PA. The program is sponsored by the Hershey Corporation to promote fitness in America's youth.

For:	**Boys and Girls, ages 9 - 14** (as of 12/31/10)	****Limited to 40 Participants**
Location:	**Groton - Dunstable High School Track** (At the New High School)	
When:	**Wednesday, May 26**	**4:30 – 6:00**
	Wednesday, June 2	**4:30 – 6:00**
	Monday, June 7	**4:30 – 6:00**
Scrimmage :	**Tuesday, June 8**	**4:00 – 6:00 Harvard (Rain Date Wed., June 9th)**
	Wednesday, June 9	**4:30 – 6:00**
	Monday, June 14	**4:30 – 6:00**
	Wednesday, June 16	**4:30 – 6:00**
Local Meet:	**Thursday, June 17**	**5:45 – 8:15 Harvard (Rain Date Sat. June 16th)**
State Meet:	**Saturday, June 26**	**10:00 – 3:00 in Bolton – Nashoba R.H.S.** (based on qualifying performance)

Cost: **$65 (10% discount for siblings)**

For additional questions please contact Jenna Bessolo @ (978) 319-2124 or jbessolo@bu.edu
Visit www.hersheystrackandfield.com to learn more about the program.

Retain top half for your information and return bottom half to: Squannacook Rivers Runners; P.O. Box 451; Groton, MA 01450. Please make checks payable to ***Squannacook Rivers Runners***

Name_____ Current Grade _____Age as of 12/31/10_____

Address _____ School _____ Telephone # _____

Emergency Telephone # _____E Mail Address _____

Waiver: I give the Squannacook River Runners permission to transport my child to the nearest hospital in the event of an emergency. I further consent to medical treatment, if necessary, if the above parent or emergency contact cannot be reached. I agree to hold harmless the Town of Groton, the Groton-Dunstable Regional School District and the Squannacook River Runners from any claims of liability related to any accident that may occur.

Signed_____Date_____